1. Locate the following continents on the map: North America, South America, Europe, Asia, Antarctica, Australia and Africa.

2. Locate the following oceans on the map: Pacific, Atlantic, Indian, Southern and Arctic Oceans.

3. Find the following oceans and continents on the puzzle:

- Africa
- Antartica
- Arctic Ocean
- Asia
- Atlantic Ocean
- Australia
- Europe
- Indian Ocean
- North America
- Pacific Ocean
- South America
- Southern Ocean